Due to the Corona Virus, my country was in lockdown therefore, it wasn't possible to meet with the client face-to-face. To solve this solution, emails were exchanged instead.

1. Evaluation of Products:

Criteria:	V/X	Notes:
Functions:		
Keeping track of players' growth and workout	V	
Assign workout for players	X	After talking to the client, he feels like they know what they are doing with their workout. The only thing they need is a log. Therefore, assigning workouts was unnecessary.
Show players improvement from their fitness testing	X	After talking to the client, he suggested that if it was just the logs, he would be able to see the improvement, whether it's the decrease in time or added weight or higher repetition.
User-friendly features		
Usernames, Password for Individuals	V	
Help Button-Pop-Up	X	There were no help buttons because the program has been reduced to just the users inputting in their workout, therefore it is pretty straight-forward for them.
Progress Table	V	

Word Count: 90

2. Recommendations From the Client

Recommendations	Benefits	Why/How Realistic
Add password during the lifting and weight logs, for extra security. [1]	The benefit of this is it would add more security to the program. This would allow no one else but the user to add just their logs.	This wouldn't be impossible to do because, in the new user tab, the new user would have to set-up their password. This part wasn't done due to the time limits that were given. Therefore, if there were a bit more time to work on the programming then it would be done.
Organize the log pages and add more colors to it. [2]	This would ease the user, they would use the program and feel like it's more professional.	This would be realistic to do if there's a chance to sit down with the client and do it. Since the client is in a different country it

[1] Supprapipat, Phisittrakorn. "RE: Final Website." Received by Akaranan Suppipat, 24 March 2020.
[2] Supprapipat, Phisittrakorn. "RE: Final Website." Received by Akaranan Suppipat, 24 March 2020.

		was hard to communicate with them due to the time differences.
Have an error message at the bottom of each log to allow the user to know if there are any problems. [3]	This would eliminate possible mistakes and confusion for the users. For example, if they type their name wrong then it would pop up to let the user know that what they inputted in was incorrect.	This would also be realistic to do, but again, it would take a lot of time because the error would have to search through what the mistake is and based on the mistake there would be different messages popping up.

Word Count: 248

3. Extensibilities List (From Criterion D)

- Add a save button in the progress table because it would allow the user to shut off the program and come back.
- Add password to add more security for cardio and weight logs`
- Develop this into an application to be compatible with smartphones, because most users when gyming wouldn't want to carry their laptop around.

Word Count: 55

Total Word Count: 393

Criterion A + B + C + E = 1564 words

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[3] Supprapipat, Phisittrakorn. "RE: Final Website." Received by Akaranan Suppipat, 24 March 2020.